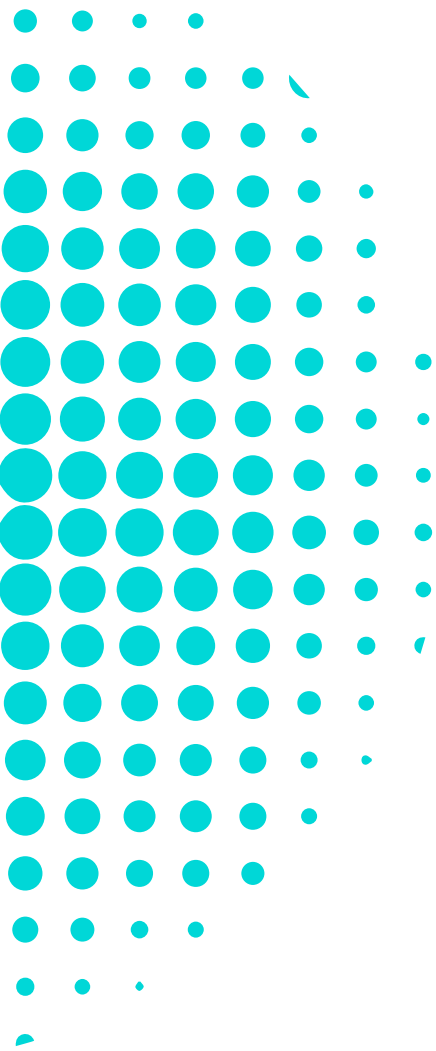


# SHANITA ROWSEY

FOUNDER/AUTHOR

THE POWER OF YOU MOVEMENT





Shanita Rowsey is an author, editor of Opulent Era Magazine and founder of The Power of You Movement. She is an encourager and motivator by nature who believes in seeing individuals operating at their best. Her latest book, *The Power of You* inspired *The Power of You Movement*. *The Power of You Movement* is designed to inform and transform the hearts of individuals who may be broken, hurt or confused about their identity, purpose and themselves. This movement's purpose is to empower and strengthen individuals across the nation. Shanita is invested in helping young girls know their worth, know who they are in God and grow into confident, successful women.

## Connect with Shanita Rowsey

[www.shanitarowsey.com](http://www.shanitarowsey.com)

[authorshanitarowsey@gmail.com](mailto:authorshanitarowsey@gmail.com)

   [@authorshamitarowsey](https://www.instagram.com/authorshamitarowsey)

# SPEAKING TOPICS

## The Power of Discovery

Many are unaware of who they are in God, the purpose that was given and how to walk in it. This session helps you:

Discover who your God created you to be. Unraveling the misconceptions from the enemy.

Help you to understand that you belong here and you have a purpose

Provides the tools to help you embrace the person you have become, flaws and all.



## The Power in Identification

Revealing the root that prevents us from walking in our power.

Facing your insecurities so that you can embrace confidence

Realizing that rejection is your protection in unforeseen situations

Understanding the importance of forgiveness

The tools to be better and not bitter



## Own your Power

Equipping you to be bold about who you are and what God has called you to do.

Providing you with winning strategies to endure the process.

Identifying your focus killers.



Connect with Shanita Rowsey

[www.shanitarowsey.com](http://www.shanitarowsey.com)

[authorshanitarowsey@gmail.com](mailto:authorshanitarowsey@gmail.com)

   [@authorshamitarowsey](https://www.instagram.com/authorshamitarowsey)

# TESTIMONIALS

This amazing book has been a blessing to my life! The activities in the book allow time for self-reflection and help you recognize the Power of You!- Tyia Lashe

This book came right on time in my life and spoke to my soul. It is written realistic yet just right. I love how each chapter has a quote that matches it so perfectly and each chapter is a phase in life you will go through as you earn YOUR power back. The title alone grabbed me and meeting her in person, her energy solidified everything for me. This is a good read. - Jessica Cropp

The Power of You is a very inspiring book! The author focused on ways to help one inspire, encourage and motivate thyself by unleashing the power within. She helps uncover your true identity with affirmations, quotes and prayers while being able to write down your goals and concerns. The author states that the change starts with you! She knows first hand because the power she unleashed helped her. - Melanie Phillips

What an amazing and powerful read. Shanita is brave by allowing herself to be vulnerable which creates a bridge for the readers to relate. The Power of You is a must read. Be prepared to be inspired and motivated. Be ready to shred the old and welcome a new. Thank you Shanita for helping me truly discover the Power of ME. - Julieann T. Randall, *Finding the JEMS*



**Connect with Shanita Rowsey**

[www.shanitarowsey.com](http://www.shanitarowsey.com)

[authorshanitarowsey@gmail.com](mailto:authorshanitarowsey@gmail.com)

[@authorshamitarowsey](https://www.instagram.com/authorshamitarowsey)   